

# Joining Together in Prayer During Lockdown

*Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.  
Philippians 4:6*



## Dear St Peter's Family,

Many of us will have already established a pattern of prayer over the last few months, however a recent communication from the Archbishops' has called us to commit to praying continually over this next month. We would therefore love to encourage you to dig deeper into prayer over the next few weeks.

Clearly, there are stacks of prayer resources available that you may choose to use individually but we thought it might be helpful to put out a few ideas that we could use collectively. We hope you will find them helpful.

Judy and Sarah

## PRAYER REQUESTS

If you have any prayer requests, we have set up a prayer team who have committed to pick up any email prayer requests and will pray for you confidentially. Please say in your email if you would like your prayer request to remain anonymous. We will pray for you and if you would also like someone to pray with you, let us know that as well. You can email on [prayer@stpetersnorton.org.uk](mailto:prayer@stpetersnorton.org.uk) Alternatively you may prefer to phone Susan Smith on 692829 and Rita Charvill on 691978.

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## Prayer and Fasting

As part of the Church of England's Call to Prayer, we have been asked to pray each day at 6pm, joining thousands of other Christians across the country. Resources to support this can be found at: <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches/call-prayer-nation>



Just as we cheered for the NHS every Thursday during lockdown, we are being invited by the Archbishops' to join in with Christians around the country every Thursday to fast in a way that is appropriate to us individually, as well as praying for our nation, its health and essential services and all those who suffer. A few of us are already committed to doing this. If you would like to join in with us, please email Bunmi at [bunmi\\_lana@hotmail.com](mailto:bunmi_lana@hotmail.com) or call on 697175. Similarly, you may prefer to just do this individually. Fasting might not just be limited to food, you may choose to fast from something else, for example social media. Please also don't be put off by thinking it needs to be for the whole day. For those just beginning this practice, fasting for just a few hours is totally fine!

## Praying with a new partner

Would you consider committing to pray on a regular basis with someone in our congregation who you wouldn't currently pray with?

This might be a good way to encourage us to commit more time to prayer, and to connect us to different people across our church family during lockdown. If you would like us to put you in touch with someone who would be keen to do this, please email Judy at [judychrisbarker@hotmail.com](mailto:judychrisbarker@hotmail.com)

**24 HOURS OF PRAYER -  
3PM FRIDAY 20TH NOVEMBER UNTIL  
3PM SATURDAY 21ST NOVEMBER**

We will be running another 24 hours of continuous prayer from 3pm Friday 20th November until 3pm Saturday 21st November in our Virtual Prayer Room. Click here to sign up at <https://www.24-7prayer.com/signup/6bac3f/> or drop an email to [sarahdwright@hotmail.co.uk](mailto:sarahdwright@hotmail.co.uk) or call Judy on 696740 and we'll book a slot for you. Or just pick an hour and pray! You might find some of the prayer resources on the sign up sheet useful.

